



## Comparative r.o.m. assessment

Clients name \_\_\_\_\_ client id \_\_\_\_\_ date \_\_\_\_\_

Ankle Doris- flexion norm=20 \_\_\_\_\_

Knee extension @90 hip flexion norm = 170 \_\_\_\_\_

Hip flexion norm = 120 \_\_\_\_\_

Hip abduction norm =45 \_\_\_\_\_

Trunk side flexion norm =35 \_\_\_\_\_

Knee flexion norm = 135 \_\_\_\_\_

Hip rotation & seated norm =45 \_\_\_\_\_

Hip extension norm = 30 \_\_\_\_\_



Clients name \_\_\_\_\_

Hip adduction norm 30 \_\_\_\_\_

Trunk rotation norm = 45 \_\_\_\_\_

Comments

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By \_\_\_\_\_ trainer